

# Microneedling

## What is Microneedling?

### Microneedling – A New Way to Rejuvenate your Skin

There are a few things that can stimulate premature damage of the skin – unhealthy lifestyle, prolonged sun exposure, work stress and more. As a result of that, people can expect a premature emergence of fine lines and wrinkles, dull skin complexion, rough skin and few other things that will make them look less attractive. Even if you somehow manage to avoid these negative factors, sooner or later you will notice the effects of aging. But, this doesn't mean that you should give up because science and medicine have provided a few great skin rejuvenation treatments and microneedling is one of these methods.

#### How does it work?

Microneedling is a skin rejuvenation technique that was introduced less than three decades ago. It started slowly, but in the last few years, there is a growing interest in this technique. Microneedling is a non-destructive and safe treatment that stimulates the skin. The basic objective of this procedure is to help the skin start healing and rejuvenating on its own. In order to provide these results, specialists in this field are using special devices to insert very short and fine needles in the skin. Some people may find this a little bit scary, but the fact is that this is a safe and virtually painless procedure.



## Who Can Benefit from Microneedling?

There are many different categories of people that can benefit from microneedling. First of all, those who are experiencing the negative effects of aging can use it for skin rejuvenation because microneedling firms and tightens skin on both the body and the face. Next, this procedure has a positive impact on moderate wrinkles and fine lines. Microneedling can help individuals dealing with different kinds of skin problems including illnesses and wounds like stretch marks, acne scarring, hyperpigmentation, mild rosacea, and traumatic scars.

We should point out that not every patient is a good candidate for this treatment. People who are dealing with skin problems like raised keloid scars, active acne, skin cancer, actinic keratosis, previous problems with scleroderma, keloid scars, cardiac abnormalities and collagen vascular diseases, sebaceous hyperplasia, eczema, active fungal and/or bacterial infections, and individuals taking accutane should avoid microneedling.

## How Long does Treatment Last?

### Benefits of Microneedling Treatments

#### Treatment Time

In many cases, patients need just one treatment to solve their skin issues. But, the majority of patients need between 2 and 4 treatments every 2 months to get the best results. These patients are the ones dealing with deeper wrinkles, stretch marks, acne scars and premature skin aging.

#### What Happens After The Treatment?

One of the best things about microneedling is that you can keep doing whatever you are doing once the procedure is finished. This is not something that you can expect from surgeries and other more complex procedures and the effects are similar. So, once the treatment is finished, you will probably see some redness on the skin and you may feel that the body part that was treated is more sensitive than usual. In rare cases, the skin becomes swollen. That's perfectly fine and expected. After a few hours, the redness should go away. Additionally, some patients may notice that their skin is peeling after a few days, but this too is normal. If you want to keep your skin perfectly healthy just keep the skin moisturized and use sunscreen for protection.

#### What Body Parts Can be Treated Effectively With Microneedling?

In theory, microneedling treatment can be used on any body part. Obviously, patients are focused on body parts where the skin should be softer and smoother. Most of the treatments in our clinic are focused on the general face area, cheeks, forehead, under eye troughs, legs, buttocks, and thighs.

## Safety Measures for Microneedling

Microneedling is a safe treatment, much safer than many other invasive treatments. There is no downtime related to the treatment and patients have confirmed that the side effects are virtually nonexistent and the ones that do occur are mild. The needles used in the procedure are replaced before each treatment which eliminates the risk of inflammation and/or infection. All these things make Microneedling one of the best alternatives to surgery.

While we are talking about safety, we would like to answer one frequently asked question about Microneedling – is this treatment painful? The simple answer is no. Most people consider this treatment completely painless. Before the procedure begins, the specialist will add a topical cream that will make the skin numb. Thanks to the cream, the discomfort will be eliminated or minimized. The only thing that some patients may experience is the mild feeling of discomfort which goes away when the treatment is finished.

## Why Choose Microneedling?

If you've been reading this page carefully, you've probably noticed a few benefits of using microneedling. First of all, this is a facial rejuvenation technique that can be considered natural. The reason why we are claiming this is simple – there's no use of surgical equipment, no chemicals, no destructive techniques. Microneedling looks like fast-paced, modernized version of acupuncture.

Furthermore, microneedling is also one of the least expensive skin rejuvenation techniques provided in our clinic. Even if you need multiple treatments, the price is still more than reasonable. Needless to say, this is a treatment that works fast and lasts for a long time. The positive effects last for 6 to 12 months.

Finally, microneedling is safe and effective for all ethnicities. This is something that chemical peels and other intrusive techniques can't guarantee. With microneedling you can't expect any complications except for mild redness that lasts for a day or two.

## Using Professional Help

Not every microneedling process is the same. If you want to stay safe and reap the benefits of this skin rejuvenation treatment, you must stick to certified clinicians working in reputable clinics. Our clinic has all the necessary tools and equipment, certified practitioners and the perfect conditions to conduct the most effective microneedling treatments. Feel free to send us a message or call us if you have any questions related to this popular skin treatment.

READY TO BEGIN?

# Get Started Today! Fill Out Your Medical History.



GET STARTED FOR WOMEN



GET STARTED FOR MEN

READY FOR YOUR CONSULTATION?

## Contact us for all your health related concerns!

Use the form to the right or give us a call at the number below to reach a representative. We usually respond within 1-2 business days. If you're unable to reach us, leave a message and we'll get back with you as soon as possible. Thank you!

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